

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus

Series 2012 Page 1 of 3

Region **National Capital Region**

Total No. of Municipality: **1** City **16**

Total No. with OPT Plus Results: Municipality **1** City **16**

Percent OPT Coverage Municipality ___ City ___

Indigenous Group/s: **0**

Total No. of Municipalities ___ Barangay ___

Total No. with OPT Plus Results: Mun ___ Brgy ___

Percent OPT Coverage Mun ___ Brgy ___

Year **2017**

Percent OPT Plus Coverage: 0-59 months old **81.78%**

Estimated No of PS: 0-59 months old: **1,744,062**

Actual No of PS measured: 0-59 months old **1,426,372**

Previous Year Prevalence Rate 0-59 months old: **1.68%**

Age Group	Weight for Age Status																	Total, by age group									
	Normal (N)				Underweight (UW)		Severely Underweight (SUW)		Overweight (OW)		TOTAL			Total N		Total UW		Total SUW		Total OW							
	Boys		Girls		Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Total	No	Prev	No	Prev	No	Prev	No	Prev						
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)
0-5 months (R1)	64,330		61,040		408		230		183		109		1,428		1,134		66,349	62,513	128,862	125,370	97.29	638	0.50	292	0.23	2,562	1.99
6-11 months (R2)	55,995		53,517		724		408		233		166		441		398		57,393	54,489	111,882	109,512	97.88	1,132	1.01	399	0.36	839	0.75
12-23 months (R3)	122,583		115,983		1,573		1,245		612		420		1,026		906		125,794	118,554	244,348	238,566	97.63	2,818	1.15	1,032	0.42	1,932	0.79
24-35 months (R4)	142,545		135,290		1,866		1,554		522		524		870		731		145,803	138,099	283,902	277,835	97.86	3,420	1.20	1,046	0.37	1,601	0.56
36-47 months (R5)	153,469		148,897		1,994		1,851		548		503		797		615		156,808	151,866	308,674	302,366	97.96	3,845	1.25	1,051	0.34	1,412	0.46
48-59 months (R6)	173,592		168,453		1,995		1,974		535		513		976		666		177,098	171,606	348,704	342,045	98.09	3,969	1.14	1,048	0.30	1,642	0.47
60-71 months (R7)	0		0		0		0		0		0		0		0		0	0	0	0	0.00	0	0.00	0	0.00	0	0.00
Total (R8)																											
0-59 mos	712,514		683,180		8,560		7,262		2,633		2,235		5,538		4,450		729,245	697,127	1,426,372	1,395,694	97.85	15,822	1.11	4,868	0.34	9,988	0.70
0-71 mos	0		0		0		0		0		0		0		0		0	0	0	0	0.00	0	0.00	0	0.00	0	0.00
Prev (R9)																											
0-59 mos	97.71		98.00		1.17		1.04		0.36		0.32		0.76		0.64		51.13	48.87		97.85		1.11		0.34		0.70	
0-71 mos	0.00		0.00		0.00		0.00		0.00		0.00		0.00		0.00		0.00	0.00		0.00		0.00		0.00		0.00	

Note: a) R1 means Row No. 1, R2 means Row 2, etc. b) Total (R8) - refers to the sum of preschoolers by nutritional status and by age group c) Prev (R9)- refers to the prevalence rate by sex, by nutritional status for age group 0- 59 months and 0- 71 months

d) Prev (C21,23,25,27)- refers to the prevalence rate by total by age group

OVERWEIGHT IS MORE CORRECTLY DETERMINED USING WEIGHT-FOR-LENGTH OR WEIGHT-FOR-HEIGHT.

Prepared by: **Theresa A. Rivas**
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Regional Nutrition Program Coordinator, NNC-NCR

Approved by: **Dr. Ariel I. Valencia, CESO III**
Regional Director, DOH-NCRO
Chairperson, Regional Nutrition Committee

Date: **12/8/17**

Date: **12/8/17**

Date: **12/13/17**

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 1 of 4

Region: National Capital Region

Total No.: City 16 Municipality 1

Year 2017

Total No. with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

Please Check: ☒ **Normal Weight-for-Age** ☐ **Normal Length/Height-for-Age** ☐ **Normal Weight-for-Length/Height**

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)	Boys (17)	Girls (18)	
Caloocan	214,530	167,774	96.92	8,943	8,499	8,558	7,995	15,642	14,835	15,667	14,962	15,812	15,071	18,798	17,824			162,606
Malabon	49,506	39,312	95.95	1,876	1,769	1,611	1,426	3,392	3,308	3,714	3,414	3,885	3,642	4,918	4,764			37,719
Navotas	33,787	31,082	97.97	1,394	1,391	1,659	1,795	2,403	2,514	3,144	3,458	3,018	3,075	3,473	3,128			30,452
Valenzuela	84,028	72,205	97.93	3,430	3,291	2,876	2,608	6,928	6,352	7,996	7,174	7,260	6,825	8,312	7,659			70,711
Quezon City	397,660	389,024	98.90	16,522	15,379	15,385	15,068	33,300	32,457	39,729	39,439	43,463	43,242	45,029	45,731			384,744
Marikina	61,047	35,594	96.60	2,117	1,941	1,798	1,795	2,986	3,158	3,400	2,951	3,482	3,269	3,912	3,576			34,385
Pasig	102,296	72,548	97.95	4,123	3,964	3,075	2,793	6,445	5,918	6,427	6,117	6,927	6,710	9,267	9,298			71,064
Taguig	109,016	114,261	99.24	5,901	5,547	4,525	4,309	11,574	10,476	11,206	10,244	12,114	11,583	13,158	12,758			113,395
Pateros	8,646	5,864	96.20	313	316	271	243	610	542	565	536	577	522	615	531			5,641
Makati	78,906	45,871	96.71	2,295	2,202	1,717	1,757	4,491	3,604	4,297	3,327	4,095	4,197	5,950	6,430			44,362
Manila	241,099	149,657	96.73	5,856	5,543	5,078	4,905	13,821	12,728	15,575	14,525	16,549	15,859	17,354	16,971			144,764
Mandaluyong	52,316	44,554	99.12	2,010	1,758	1,854	1,756	4,235	4,145	4,420	4,170	4,814	4,328	5,632	5,039			44,161
San Juan	16,548	13,538	98.58	399	375	338	347	1,292	1338	1673	1594	1428	1433	1489	1640			13,346
Pasay	56,413	44,843	96.08	1,851	1,623	1,841	1,600	4,374	4,005	4,230	3,928	4,871	4,837	5,054	4,870			43,084
Parañaque	90,177	79,390	97.66	2,767	2,884	2,614	2,503	4,753	4,548	9,272	8,766	10,420	10,037	10,001	8,968			77,533
Muntinlupa	68,329	51,102	98.03	3,718	3,741	2,081	1,926	4,101	3,872	4,078	4,062	5,029	4,818	6,349	6,319			50,094
Las Piñas	79,758	69,753	96.96	815	817	714	691	2236	2183	7152	6623	9725	9449	14281	12947			67,633
TOTAL	1,744,062	1,426,372	97.85	64,330	61,040	55,995	53,517	122,583	115,983	142,545	135,290	153,469	148,897	173,592	168,453	0	0	1,395,694

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 2 of 4

Region: National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing : January to March 2017

Total No.with OPT Plus Results: City 16 Municipality 1 Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

☒ **Underweight Weight-for-Age** ☐ **Stunted Length/Height-for-Age** ☐ **Wasted Weight-for-Length/Height**

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev %	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	214,530	167,774	1.76	86	64	131	122	272	266	306	285	378	353	344	348			2,955
Malabon	49,506	39,312	2.39	8	4	24	14	101	76	94	101	114	105	163	136			940
Navotas	33,787	31,082	1.04	2	6	9	11	32	20	33	28	56	37	43	45			322
Valenzuela	84,028	72,205	1.02	10	7	19	15	69	59	90	73	109	101	86	98			736
Quezon City	397,660	389,024	0.53	77	37	190	51	233	154	248	184	234	202	258	206			2,074
Marikina	61,047	35,594	0.83	6	2	18	19	41	36	35	29	25	33	22	30			296
Pasig	102,296	72,548	0.94	17	6	27	16	75	51	87	62	112	68	72	91			684
Taguig	109,016	114,261	0.28	3	7	10	6	31	32	30	35	45	45	34	43			321
Pateros	8,646	5,864	1.52	0	1	1	2	7	10	15	5	10	10	16	12			89
Makati	78,906	45,871	0.43	7	2	14	12	17	12	17	18	20	19	19	38			195
Manila	241,099	149,657	1.93	104	57	152	73	318	190	374	290	334	299	377	320			2,888
Mandaluyong	52,316	44,554	0.55	4	1	3	5	25	31	26	28	28	43	30	22			246
San Juan	16,548	13,538	0.53	3	1	1	0	5	9	12	5	10	10	3	13			72
Pasay	56,413	44,843	1.74	26	9	37	19	64	66	84	80	87	103	103	103			781
Parañaque	90,177	79,390	1.50	26	8	50	14	111	92	144	136	143	160	149	157			1,190
Muntinlupa	68,329	51,102	0.98	1	1	4	5	47	34	81	54	79	64	64	69			503
Las Piñas	79,758	69,753	2.19	28	17	34	24	125	107	190	141	210	199	212	243			1,530
TOTAL	1,744,062	1,426,372	1.11	408	230	724	408	1,573	1,245	1,866	1,554	1,994	1,851	1,995	1,974	0	0	15,822

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 3 of 4

Region: National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing : January to March 2017

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

☒ **Sev. UW Weight-for-Age** ☐ **Sev. Stunted Length/Height-for-Age** ☐ **Sev. Wasted Weight-for-Length/Height**

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev %	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	214,530	167,774	0.56	24	22	52	37	131	106	89	89	93	93	107	96			939
Malabon	49,506	39,312	0.78	2	2	7	5	43	16	46	33	35	35	39	42			305
Navotas	33,787	31,082	0.46	1	0	4	4	18	9	22	17	19	19	17	13			143
Valenzuela	84,028	72,205	0.33	8	3	12	11	26	23	28	17	31	25	27	27			238
Quezon City	397,660	389,024	0.18	44	27	38	34	92	53	73	87	70	66	65	54			703
Marikina	61,047	35,594	0.24	5	0	5	2	14	6	10	15	10	9	1	9			86
Pasig	102,296	72,548	0.33	13	2	11	4	34	21	24	26	24	25	26	27			237
Taguig	109,016	114,261	0.10	1	1	3	7	19	8	16	17	16	10	10	10			118
Pateros	8,646	5,864	0.14	0	0	0	0	1	0	2	2	1	0	0	2			8
Makati	78,906	45,871	0.10	3	1	5	4	4	4	3	2	0	4	4	12			46
Manila	241,099	149,657	0.58	61	37	49	28	102	80	94	80	97	75	86	72			861
Mandaluyong	52,316	44,554	0.08	2	2	1	2	2	3	6	2	3	4	4	4			35
San Juan	16,548	13,538	0.11	0	0	0	1	2	3	0	2	1	0	4	2			15
Pasay	56,413	44,843	0.54	6	2	14	12	28	21	19	23	22	35	37	23			242
Parañaque	90,177	79,390	0.37	5	5	14	8	26	23	27	41	41	41	31	35			297
Muntinlupa	68,329	51,102	0.35	0	2	7	2	23	11	25	17	22	14	29	28			180
Las Piñas	79,758	69,753	0.59	8	3	11	5	47	33	38	54	63	48	48	57			415
TOTAL	1,744,062	1,426,372	0.34	183	109	233	166	612	420	522	524	548	503	535	513	0	0	4,868

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 4 of 4

Region: National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing: January to March 2017

Total No. with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0



Overweight Weight-for-Age



Tall Length/Height-for-Age



Obese Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)	Boys (17)	Girls (18)	
Caloocan	214,530	167,774	0.76	174	107	83	41	122	94	121	91	126	83	117	115			1,274
Malabon	49,506	39,312	0.89	29	20	12	9	36	38	42	40	36	29	43	14			348
Navotas	33,787	31,082	0.53	20	17	18	12	18	13	10	11	17	13	9	7			165
Valenzuela	84,028	72,205	0.72	43	43	17	14	60	60	50	42	43	35	69	44			520
Quezon City	397,660	389,024	0.39	383	240	65	49	137	136	85	79	85	67	121	56			1,503
Marikina	61,047	35,594	2.32	143	118	17	41	85	75	69	63	41	46	75	54			827
Pasig	102,296	72,548	0.78	37	44	17	14	66	58	46	54	70	41	59	57			563
Taguig	109,016	114,261	0.37	54	57	23	24	40	38	28	41	39	22	39	22			427
Pateros	8,646	5,864	2.15	2	9	3	9	13	8	15	10	14	14	16	13			126
Makati	78,906	45,871	2.76	159	130	48	46	144	76	139	85	109	69	155	108			1,268
Manila	241,099	149,657	0.76	197	177	58	66	128	122	80	78	70	57	70	41			1,144
Mandaluyong	52,316	44,554	0.25	9	5	5	4	7	3	9	5	18	7	27	13			112
San Juan	16,548	13,538	0.78	5	2	0	2	14	16	11	13	12	7	11	12			105
Pasay	56,413	44,843	1.64	93	90	33	34	77	88	77	49	43	48	58	46			736
Parañaque	90,177	79,390	0.47	35	34	22	12	36	28	40	29	29	41	48	16			370
Muntinlupa	68,329	51,102	0.64	24	24	13	11	27	30	23	26	33	24	48	42			325
Las Piñas	79,758	69,753	0.25	21	17	7	10	16	23	25	15	12	12	11	6			175
TOTAL	1,744,062	1,426,372	0.70	1,428	1,134	441	398	1,026	906	870	731	797	615	976	666	0	0	9,988

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Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus

Series 2012 Page 2 of 3

Region **National Capital Region**

Total No. of Municipality: **1** City **16**

Total No. with OPT Plus Results: Municipality **1** City **16**

Percent OPT Coverage Municipality ___ City ___

Indigenous Group/s: **0**

Total No. of Municipalities ___ Barangay ___

Total No. with OPT Plus Results: Mun ___ Brgy ___

Percent OPT Coverage Mun ___ Brgy ___

Year **2017**

Percent OPT Plus Coverage: 0-59 months old **81.69%**

Estimated No of PS: 0-59 months old: **1,744,062**

Actual No of PS measured: 0-59 months old **1,424,759**

Age Group	Length/Height for Age Status																	Total, by age group									
	Normal (N)				Stunted /Short (St)				Severely Stunted (SSt)				Tall (T)				TOTAL			Total N		Total St		Total SSt		Total T	
	Boys		Girls		Boys		Girls		Boys		Girls		Boys		Girls		Boys	Girls	Total	No	Prev	No	Prev	No	Prev	No	Prev
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)
0-5 months (R1)	61,741		58,191		895		601		346		206		3,381		3,699		66,363	62,697	129,060	119,932	92.93	1,496	1.16	552	0.43	7,080	5.49
6-11 months (R2)	53,401		50,724		1,262		779		494		294		2,080		2,317		57,237	54,114	111,351	104,125	93.51	2,041	1.83	788	0.71	4,397	3.95
12-23 months (R3)	116,885		111,008		3,405		2,408		1,493		1,048		3,992		4,085		125,775	118,549	244,324	227,893	93.27	5,813	2.38	2,541	1.04	8,077	3.31
24-35 months (R4)	137,787		130,920		3,465		2,648		1,395		1,081		2,895		3,007		145,542	137,656	283,198	268,707	94.88	6,113	2.16	2,476	0.87	5,902	2.08
36-47 months (R5)	150,462		145,906		3,695		3,330		1,239		1,095		1,505		1,541		156,901	151,872	308,773	296,368	95.98	7,025	2.28	2,334	0.76	3,046	0.99
48-59 months (R6)	170,707		165,419		4,018		3,507		1,214		1,157		1,083		948		177,022	171,031	348,053	336,126	96.57	7,525	2.16	2,371	0.68	2,031	0.58
60-71 months (R7)	0		0		0		0		0		0		0		0		0	0	0	0	0.00	0	0.00	0	0.00	0	0.00
Total (R8)																											
0-59 mos	690,983		662,168		16,740		13,273		6,181		4,881		14,936		15,597		728,840	695,919	1,424,759	1,353,151	94.97	30,013	2.11	11,062	0.78	30,533	2.14
0-71 mos	0		0		0		0		0		0		0		0		0	0	0	0	0.00	0	0.00	0	0.00	0	0.00
Prev (R9)																											
0-59 mos	94.81		95.15		2.30		1.91		0.85		0.70		2.05		2.24		51.16	48.84		94.97		2.11		0.78		2.14	
0-71 mos	0.00		0.00		0.00		0.00		0.00		0.00		0.00		0.00		0.00	0.00		0.00		0.00		0.00		0.00	

Note: a) R1 means Row No. 1, R2 means Row 2, etc. b) Total (R8) - refers to the sum of preschoolers by nutritional status and by age group c) Prev (R9)- refers to the prevalence rate by sex, by nutritional status for age group 0- 59 months and 0- 71 months

d) Prev (C21,23,25,27)- refers to the prevalence rate by total by age group

DO NOT USE IF DATA ON WEIGHT FOR LENGTH/HEIGHT IS AVAILABLE.

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Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 1 of 4

Region National Capital Region

Total No.: City 16 Municipality 1

Year 2017

Total No. with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

Please Check:

☐ Normal Weight-for-Age ☒ Normal Length/Height-for-Age ☐ Normal Weight-for-Length/Height

Please Check:

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	214,530	167,774	95.30	8,777	8,264	8,381	7,790	15,268	14,475	15,378	14,677	15,677	14,866	18,656	17,688			159,897
Malabon	49,506	39,312	89.91	1,784	1,670	1,507	1,339	3,100	3,046	3,405	3,206	3,651	3,382	4,712	4,544			35,346
Navotas	33,787	31,082	95.70	1,364	1,550	1,584	1,535	2,368	2,460	3,116	3,170	3,049	3,146	3,340	3,065			29,747
Valenzuela	84,028	72,205	95.20	3,293	3,162	2,765	2,492	6,640	6,097	7,734	6,972	7,130	6,683	8,205	7,565			68,738
Quezon City	397,660	389,024	97.50	16,292	15,034	15,074	14,671	32,447	31,651	39,113	38,951	43,017	42,877	44,742	45,425			379,294
Marikina	61,047	35,263	89.35	1,941	1,728	1,465	1,513	2,577	2,862	3,052	2,717	3,380	3,129	3,750	3,395			31,509
Pasig	102,296	72,548	92.00	3,825	3,566	2,820	2,575	5,845	5,379	5,960	5,630	6,660	6,404	8,996	9,084			66,744
Taguig	109,016	114,260	96.63	5,634	5,231	4,372	4,103	11,169	10,086	10,886	9,882	11,938	11,428	13,044	12,632			110,405
Pateros	8,646	5,864	93.91	296	308	256	239	580	527	561	521	566	529	595	529			5,507
Makati	78,906	44,596	93.40	2,133	2,048	1,590	1,615	4,199	3,340	3,994	3,079	3,987	3,909	5,886	5,874			41,654
Manila	241,099	149,657	92.71	5,347	5,024	4,683	4,512	12,948	12,042	14,933	14,034	16,102	15,514	16,963	16,646			138,748
Mandaluyong	52,316	44,554	97.33	1,954	1,687	1,798	1,704	4,125	4,007	4,333	4,089	4,782	4,285	5,596	5,003			43,363
San Juan	16,548	13,538	94.85	377	350	323	331	1,224	1,276	1,581	1,485	1,387	1,401	1,472	1,634			12,841
Pasay	56,413	44,843	91.12	1,715	1,441	1,686	1,448	4,047	3,673	3,998	3,710	4,716	4,694	4,978	4,757			40,863
Parañaque	90,177	79,390	95.69	2,701	2,832	2,504	2,408	4,516	4,425	9,095	8,577	10,278	9,899	9,883	8,849			75,967
Muntinlupa	68,329	51,102	94.58	3,555	3,552	1,960	1,817	3,865	3,693	3,861	3,887	4,914	4,691	6,284	6,255			48,334
Las Piñas	79,758	69,747	92.04	753	744	633	632	1,967	1,969	6,787	6,333	9,228	9,069	13,605	12,474			64,194
TOTAL	1,744,062	1,424,759	94.97	61,741	58,191	53,401	50,724	116,885	111,008	137,787	130,920	150,462	145,906	170,707	165,419	0	0	1,353,151

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 2 of 4

 Region National Capital Region

 Total No.: City 16 Municipality 1

 Period of Weighing January-March 2017

 Total No. with OPT Plus Results: City 16 Municipality 1

 Indigenous Group/s: 0

Please Check:

 Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0
☐ Underweight Weight-for-Age ☒ Stunted Length/Height-for-Age ☐ Wasted Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	214,530	167,774	2.17	80	63	165	148	401	336	408	378	402	423	418	421			3,643
Malabon	49,506	39,312	5.49	19	21	64	34	229	194	242	222	287	288	294	265			2,159
Navotas	33,787	31,082	1.44	15	12	24	30	37	42	49	41	42	62	58	37			449
Valenzuela	84,028	72,205	2.15	37	21	45	36	170	139	196	130	189	183	213	194			1,553
Quezon City	397,660	389,024	1.04	219	123	229	96	491	258	476	290	521	398	521	428			4,050
Marikina	61,047	35,263	3.36	30	19	75	41	181	118	125	80	150	120	129	117			1,185
Pasig	102,296	72,548	2.40	37	32	80	37	215	139	205	141	220	192	219	223			1,740
Taguig	109,016	114,260	0.88	26	15	33	26	121	100	101	105	128	111	118	117			1,001
Pateros	8,646	5,864	3.14	6	1	3	1	19	16	24	13	24	13	38	26			184
Makati	78,906	44,596	2.38	48	28	77	45	166	116	86	80	90	94	124	107			1,061
Manila	241,099	149,657	3.28	188	135	211	134	628	358	631	416	603	479	632	499			4,914
Mandaluyong	52,316	44,554	0.81	15	13	8	14	24	30	44	33	48	53	43	36			361
San Juan	16,548	13,538	0.78	3	0	2	2	11	11	8	9	15	13	17	15			106
Pasay	56,413	44,843	2.83	38	28	61	33	119	111	153	104	149	150	160	163			1,269
Parañaque	90,177	79,390	2.32	46	24	90	40	209	134	217	194	211	221	229	229			1,844
Muntinlupa	68,329	51,102	2.22	51	38	48	33	131	102	140	108	125	111	123	127			1,137
Las Piñas	79,758	69,747	4.81	37	28	47	29	253	204	360	304	491	419	682	503			3,357
TOTAL	1,744,062	1,424,759	2.11	895	601	1,262	779	3,405	2,408	3,465	2,648	3,695	3,330	4,018	3,507	0	0	30,013

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 3 of 4

 Region National Capital Region

 Total No.: City 16 Municipality 1

 Period of Weighing January-March 2017

 Total No. with OPT Plus Results: City 16 Municipality 1

 Indigenous Group/s: 0

Please Check:

 Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0
☐ Sev. UW Weight-for-Age ☒ Sev. Stunted Length/Height-for-Age ☐ Sev. Wasted Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)	Boys (17)	Girls (18)	
Caloocan	214,530	167,774	0.82	21	23	53	49	170	159	157	145	160	149	136	160			1,382
Malabon	49,506	39,312	2.46	9	4	18	14	150	79	160	96	89	107	121	121			968
Navotas	33,787	31,082	0.97	8	12	16	12	24	25	27	23	42	42	35	36			302
Valenzuela	84,028	72,205	0.63	8	6	20	13	71	33	71	39	52	45	50	46			454
Quezon City	397,660	389,024	0.29	64	27	57	38	139	122	121	125	112	95	119	92			1,111
Marikina	61,047	35,263	1.72	26	19	28	19	90	62	64	58	58	72	57	52			605
Pasig	102,296	72,548	1.01	19	7	26	15	122	70	96	72	78	69	90	68			732
Taguig	109,016	114,260	0.42	15	13	18	15	64	38	55	44	65	40	54	61			482
Pateros	8,646	5,864	0.70	3	0	3	4	7	4	5	2	4	1	6	2			41
Makati	78,906	44,596	0.51	10	5	24	10	37	20	25	12	17	25	18	23			226
Manila	241,099	149,657	1.40	113	57	128	56	265	196	262	193	225	173	232	197			2,097
Mandaluyong	52,316	44,554	0.24	4	2	0	2	10	11	17	10	8	12	16	13			105
San Juan	16,548	13,538	0.15	0	0	1	1	2	2	3	2	1	0	5	3			20
Pasay	56,413	44,843	1.18	18	11	18	15	70	57	55	57	59	63	54	54			531
Parañaque	90,177	79,390	0.73	16	5	35	7	67	56	63	66	67	64	56	75			577
Muntinlupa	68,329	51,102	0.86	2	4	11	1	65	24	73	48	63	43	52	51			437
Las Piñas	79,758	69,747	1.42	10	11	38	23	140	90	141	89	139	95	113	103			992
TOTAL	1,744,062	1,424,759	0.78	346	206	494	294	1,493	1,048	1,395	1,081	1,239	1,095	1,214	1,157	0	0	11,062

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 4 of 4

 Region National Capital Region

 Total No.: City 16 Municipality 1

 Period of Weighing January-March 2017

 Total No. with OPT Plus Results: City 16 Municipality 1

 Indigenous Group/s: 0

Please Check:

 Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0
☐ Overweight Weight-for-Age ☒ Tall Length/Height-for-Age ☐ Obese Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)			
Caloocan	214,530	167,774	1.70	349	342	225	208	328	331	240	227	170	162	156	114			2,852
Malabon	49,506	39,312	2.13	103	100	65	67	93	119	89	64	43	34	36	26			839
Navotas	33,787	31,082	1.88	44	28	70	61	70	74	42	34	26	40	72	23			584
Valenzuela	84,028	72,205	2.02	153	155	94	107	202	225	163	165	72	75	26	23			1,460
Quezon City	397,660	389,024	1.17	451	499	318	397	685	769	425	423	202	207	91	102			4,569
Marikina	61,047	35,263	5.57	274	295	120	134	258	233	173	163	79	86	74	75			1,964
Pasig	102,296	72,548	4.59	309	411	204	200	438	460	323	416	175	179	119	98			3,332
Taguig	109,016	114,260	2.08	284	352	138	202	310	330	238	306	83	81	25	23			2,372
Pateros	8,646	5,864	2.25	10	17	13	10	25	13	7	17	8	3	8	1			132
Makati	78,906	44,596	3.71	273	251	83	108	227	170	165	105	65	73	61	74			1,655
Manila	241,099	149,657	2.60	570	598	315	370	528	524	297	330	120	124	60	62			3,898
Mandaluyong	52,316	44,554	1.63	52	64	57	47	110	134	67	73	25	32	38	26			725
San Juan	16,548	13,538	4.22	27	28	13	16	76	77	104	118	48	36	13	15			571
Pasay	56,413	44,843	4.86	205	244	160	169	307	339	204	209	99	116	60	68			2,180
Parañaque	90,177	79,390	1.26	70	70	71	82	134	76	108	135	77	95	61	23			1,002
Muntinlupa	68,329	51,102	2.34	135	174	86	93	137	128	133	116	61	75	31	25			1,194
Las Piñas	79,758	69,747	1.73	72	71	48	46	64	83	117	106	152	123	152	170			1,204
TOTAL	1,744,062	1,424,759	2.14	3,381	3,699	2,080	2,317	3,992	4,085	2,895	3,007	1,505	1,541	1,083	948	0	0	30,533

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Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus

Series 2012 Page 3 of 3

Region **National Capital Region**

Total No. of Municipality: **1** City **16**

Total No. with OPT Plus Results: Municipality **1** City **16**

Percent OPT Coverage Municipality City

Indigenous Group/s: **0**

Total No. of Municipalities Barangay

Total No. with OPT Plus Results: Mun Brgy

Percent OPT Coverage Mun Brgy

Year **2017**

Percent OPT Plus Coverage: 0-59 months old **81.39%**

Estimated No of PS: 0-59 months old: **1,744,062**

Actual No of PS measured: 0-59 months old **1,418,332**

Age Group	Weight for Length/Height Status																		Total, by age group															
	Normal (N)				Wasted (W)				Severely Wasted (SW)				Overweight (OW)				Obese (Ob)				TOTAL			Total N		Total W		Total SW		Total OW		Total Ob		
	Boys		Girls		Boys		Girls		Boys		Girls		Boys		Girls		Boys		Girls		Total		No	Prev	No	Prev	No	Prev	No	Prev	No	Prev		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)	(29)	(30)	(31)	(32)	(33)	(34)	
0-5 months (R1)	63,144		60,004		797		556		541		370		1,015		830		675		600		66,172	62,360	128,532	123,148	95.81	1,353	1.05	911	0.71	1,845	1.44	1,275	0.99	
6-11 months (R2)	55,085		52,165		736		577		419		261		536		535		287		254		57,063	53,792	110,855	107,250	96.75	1,313	1.18	680	0.61	1,071	0.97	541	0.49	
12-23 months (R3)	120,937		114,472		1,509		1,128		828		570		1,166		1,127		698		656		125,138	117,953	243,091	235,409	96.84	2,637	1.08	1,398	0.58	2,293	0.94	1,354	0.56	
24-35 months (R4)	141,076		133,710		1,456		1,245		664		486		1,170		1,090		731		579		145,097	137,110	282,207	274,786	97.37	2,701	0.96	1,150	0.41	2,260	0.80	1,310	0.46	
36-47 months (R5)	152,481		147,709		1,420		1,362		637		433		993		918		739		603		156,270	151,025	307,295	300,190	97.69	2,782	0.91	1,070	0.35	1,911	0.62	1,342	0.44	
48-59 months (R6)	171,572		166,797		1,670		1,362		624		459		1,192		1,070		975		631		176,033	170,319	346,352	338,369	97.70	3,032	0.88	1,083	0.31	2,262	0.65	1,606	0.46	
60-71 months (R7)	0		0		0		0		0		0		0		0		0		0		0	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
Total (R8)																																		
0-59 mos	704,295		674,857		7,588		6,230		3,713		2,579		6,072		5,570		4,105		3,323		725,773	692,559	1,418,332	1,379,152	97.24	13,818	0.97	6,292	0.44	11,642	0.82	7,428	0.52	
0-71 mos	0		0		0		0		0		0		0		0		0		0		0	0	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00	
Prev (R9)																																		
0-59 mos	97.04		97.44		1.05		0.90		0.51		0.37		0.84		0.80		0.57		0.48		51.17	48.83			97.24		0.97		0.44		0.82		0.52	
0-71 mos	0.00		0.00		0.00		0.00		0.00		0.00		0.00		0.00		0.00		0.00		0.00	0.00			0.00		0.00		0.00		0.00		0.00	

Note: a) R1 means Row No. 1, R2 means Row 2, etc. b) Total (R8) - refers to the sum of preschoolers by nutritional status and by age group c) Prev (R9) - refers to the prevalence rate by sex, by nutritional status for age group 0- 59 months and 0- 71 months

d) Prev (C21,23,25,27) - refers to the prevalence rate by total by age group

DO NOT USE IF DATA ON WEIGHT FOR LENGTH/HEIGHT IS AVAILABLE.

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Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 1 of 5

Region National Capital Region

Total No.: City 16 Municipality 1

Total No. with OPT Plus Results: City 16 Municipality 1

Year 2017

Indigenous Group/s: 0

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

Please Check:

☐

Normal Weight-for-Age

☐

Normal Length/Height-for-Age

☒

Normal Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev %	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	214,530	167,774	96.22	8,928	8,447	8,512	7,872	15,519	14,784	15,534	14,910	15,751	14,984	18,482	17,712			161,435
Malabon	49,506	39,312	96.17	1,845	1,765	1,599	1,406	3,399	3,325	3,712	3,446	3,921	3,671	4,928	4,788			37,805
Navotas	33,787	31,165	97.31	1,514	1,603	1,704	1,646	2,325	2,473	3,167	3,052	3,102	3,101	3,351	3,290			30,328
Valenzuela	84,028	72,205	96.67	3,244	3,171	2,805	2,540	6,819	6,293	7,921	7,113	7,215	6,801	8,244	7,637			69,803
Quezon City	397,660	389,024	98.62	16,498	15,227	15,319	14,951	33,209	32,323	39,640	39,299	43,413	43,150	44,992	45,648			383,669
Marikina	61,047	35,263	93.63	2,090	1,916	1,578	1,614	2,856	3,072	3,205	2,848	3,476	3,219	3,760	3,382			33,016
Pasig	102,296	72,548	97.19	4,033	3,902	3,053	2,768	6,399	5,863	6,385	6,092	6,918	6,670	9,169	9,260			70,512
Taguig	109,016	114,260	98.54	5,820	5,506	4,499	4,279	11,497	10,400	11,116	10,186	12,021	11,524	13,054	12,688			112,590
Pateros	8,646	5,864	93.11	291	304	259	235	584	521	556	522	560	506	599	523			5,460
Makati	78,906	38,080	96.55	2,041	1,887	1,467	1,364	3,914	3,011	3,661	2,764	3,375	3,286	4,986	5,012			36,768
Manila	241,099	149,657	94.89	5,518	5,245	4,899	4,742	13,505	12,357	15,329	14,305	16,340	15,711	17,188	16,869			142,008
Mandaluyong	52,316	44,554	98.76	1,993	1,742	1,845	1,753	4,205	4,117	4,416	4,169	4,803	4,328	5,606	5,025			44,002
San Juan	16,548	13,538	97.98	393	375	337	344	1,276	1,337	1,661	1,593	1,409	1,419	1,480	1,640			13,264
Pasay	56,413	44,843	94.65	1,790	1,606	1,810	1,576	4,317	3,953	4,132	3,853	4,795	4,797	4,987	4,830			42,446
Parañaque	90,177	79,390	98.07	2,700	2,824	2,628	2,484	4,760	4,570	9,342	8,818	10,500	10,135	10,046	9,051			77,858
Muntinlupa	68,329	51,102	98.25	3,677	3,705	2,059	1,919	4,090	3,878	4,119	4,088	5,065	4,864	6,377	6,366			50,207
Las Piñas	79,758	69,753	97.46	769	779	712	672	2,263	2,195	7,180	6,652	9,817	9,543	14,323	13,076			67,981
TOTAL	1,744,062	1,418,332	97.24	63,144	60,004	55,085	52,165	120,937	114,472	141,076	133,710	152,481	147,709	171,572	166,797	0	0	1,379,152

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 2 of 5

Region National Capital Region Total No.: City 16 Municipality 1 Period of Weighing January-March 2017
Total No.with OPT Plus Results: City 16 Municipality 1 Indigenous Group/s: 0
Please Check: Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

Underweight Weight-for-Age				Stunted Length/Height-for-Age				Wasted Weight-for-Length/Height											
City/Municipality	Estimated No. of 0-59 mos old PS	Total No of 0-59 mos old PS measured	Prev %	Total Number of Children														Total	
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months			
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)		
(1)	(2)	(3)		(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)		
Caloocan	214,530	167,774	1.60	93	75	120	120	280	150	280	185	300	289	500	300			2,692	
Malabon	49,506	39,312	1.35	7	3	20	15	64	34	63	52	47	54	94	79			532	
Navotas	33,787	31,165	0.89	10	10	27	19	31	30	29	25	26	24	22	25			278	
Valenzuela	84,028	72,205	1.03	46	23	46	27	91	52	78	63	98	68	82	73			747	
Quezon City	397,660	389,024	0.40	110	89	85	123	122	152	143	154	115	174	126	153			1,546	
Marikina	61,047	35,263	1.83	43	23	33	31	77	59	70	53	51	60	71	74			645	
Pasig	102,296	72,548	0.91	51	31	32	22	67	55	68	49	73	60	84	68			660	
Taguig	109,016	114,260	0.45	28	13	25	6	54	46	64	52	71	48	52	55			514	
Pateros	8,646	5,864	1.74	5	7	5	3	17	7	11	13	7	8	12	7			102	
Makati	78,906	38,080	0.49	9	21	15	10	21	15	16	19	12	13	8	26			185	
Manila	241,099	149,657	2.23	242	164	220	120	382	297	379	310	357	296	323	241			3,331	
Mandaluyong	52,316	44,554	0.52	17	7	12	3	35	33	16	20	16	27	25	21			232	
San Juan	16,548	13,538	0.56	5	1	1	1	13	10	8	8	12	5	4	8			76	
Pasay	56,413	44,843	1.67	70	35	45	27	75	74	70	75	71	75	79	53			749	
Parañaque	90,177	79,390	0.68	15	20	18	16	82	45	48	64	52	64	61	58			543	
Muntinlupa	68,329	51,102	0.47	5	9	12	7	43	13	29	19	34	19	29	22			241	
Las Piñas	79,758	69,753	1.07	41	25	20	27	55	56	84	84	78	78	98	99			745	
TOTAL	1,744,062	1,418,332	0.97	797	556	736	577	1,509	1,128	1,456	1,245	1,420	1,362	1,670	1,362	0	0	13,818	

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 3 of 5

Region National Capital Region Total No.: City 16 Municipality 1 Period of Weighing January-March 2017
Total No.with OPT Plus Results: City 16 Municipality 1 Indigenous Group/s: 0
Please Check: Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

Sev. UW Weight-for-Age				Sev. Stunted Length/Height-for-Age				Sev. Wasted Weight-for-Length/Height										
City/Municipality	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev %	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	214,530	167,774	0.49	22	20	40	40	100	94	80	80	81	84	98	81			820
Malabon	49,506	39,312	0.56	6	9	10	7	26	24	27	20	25	15	28	24			221
Navotas	33,787	31,165	0.52	10	10	15	11	14	18	12	18	16	15	12	12			163
Valenzuela	84,028	72,205	0.33	33	14	7	15	29	24	23	17	19	14	23	21			239
Quezon City	397,660	389,024	0.27	90	44	142	28	181	53	122	64	131	63	101	48			1,067
Marikina	61,047	35,263	0.97	32	27	24	14	46	32	36	23	36	27	17	28			342
Pasig	102,296	72,548	0.29	23	15	10	6	25	18	22	14	20	12	24	18			207
Taguig	109,016	114,260	0.25	27	21	7	11	43	37	29	27	23	16	31	16			288
Pateros	8,646	5,864	0.48	0	4	0	4	3	4	2	1	5	3	1	1			28
Makati	78,906	38,080	0.30	17	8	11	3	17	3	17	4	11	2	15	7			115
Manila	241,099	149,657	1.01	191	141	93	84	200	152	142	99	115	88	117	93			1,515
Mandaluyong	52,316	44,554	0.18	6	3	4	2	7	8	6	2	6	7	15	13			79
San Juan	16,548	13,538	0.35	2	0	1	2	10	2	7	2	11	4	6	1			48
Pasay	56,413	44,843	0.77	34	21	21	14	43	23	43	31	30	25	34	25			344
Parañaque	90,177	79,390	0.29	11	11	13	5	24	23	22	29	28	18	26	18			228
Muntinlupa	68,329	51,102	0.26	9	3	8	3	18	15	17	14	11	5	13	15			131
Las Piñas	79,758	69,753	0.66	28	19	13	12	42	40	57	41	69	35	63	38			457
TOTAL	1,744,062	1,418,332	0.44	541	370	419	261	828	570	664	486	637	433	624	459	0	0	6,292

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 4 of 5

Region National Capital Region Total No.: City 16 Municipality 1 Period of Weighing January-March 2017
Total No. with OPT Plus Results: City 16 Municipality 1 Indigenous Group/s: 0
Please Check: Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

City/Municipality	Estimated No. of 0-59 mos old PS	Total No of 0-59 mos old PS measured	Prev %	☐ Overweight Weight-for-Age		☐ Tall Length/Height-for-Age		☒ Overweight Weight-for-Length/Height										Total		
				Total Number of Children																
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months				
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)				
Caloocan	214,530	167,774	1.09	126	99	103	118	175	178	181	159	176	130	186	200			1,831		
Malabon	49,506	39,312	1.18	33	7	20	19	50	37	61	45	43	44	67	38			464		
Navotas	33,787	31,165	0.77	29	17	16	12	29	14	22	23	21	20	19	17			239		
Valenzuela	84,028	72,205	1.18	91	82	44	49	92	78	88	70	66	66	71	53			850		
Quezon City	397,660	389,024	0.45	184	169	81	68	156	175	151	205	113	141	141	165			1,749		
Marikina	61,047	35,263	2.00	62	59	36	29	75	62	58	61	59	47	73	83			704		
Pasig	102,296	72,548	0.96	53	39	19	24	77	77	67	69	58	61	79	77			700		
Taguig	109,016	114,260	0.47	61	51	23	36	45	43	42	41	44	42	60	48			536		
Pateros	8,646	5,864	2.69	10	8	8	8	18	21	14	12	15	13	15	16			158		
Makati	78,906	38,080	1.70	47	27	17	11	74	45	84	54	65	49	100	73			646		
Manila	241,099	149,657	1.07	149	141	82	71	171	195	157	152	134	108	134	113			1,607		
Mandaluyong	52,316	44,554	0.31	8	10	1	7	17	17	9	9	20	10	24	6			138		
San Juan	16,548	13,538	0.62	7	1	0	1	9	8	12	6	7	14	9	10			84		
Pasay	56,413	44,843	1.81	43	28	31	37	65	83	107	83	83	85	86	81			812		
Parañaque	90,177	79,390	0.58	63	43	24	27	34	37	33	43	36	37	51	29			457		
Muntinlupa	68,329	51,102	0.54	26	31	16	8	31	17	27	20	22	18	34	27			277		
Las Piñas	79,758	69,753	0.56	23	18	15	10	48	40	57	38	31	33	43	34			390		
TOTAL	1,744,062	1,418,332	0.82	1,015	830	536	535	1,166	1,127	1,170	1,090	993	918	1,192	1,070	0	0	11,642		

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results
 Series 2012 Page 5 of 5

Region National Capital Region Total No.: City 16 Municipality 1 Period of Weighing January-March 2017
 Total No.with OPT Plus Results: City 16 Municipality 1 Indigenous Group/s: 0
 Please Check: Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

☐ Overweight Weight-for-Age				☐ Tall Length/Height-for-Age				☒ Obese Weight-for-Length/Height											
City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev %	Total Number of Children														Total	
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months			
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)		
Caloocan	214,530	167,774	0.59	58	51	49	45	93	95	108	93	101	113	100	90			996	
Malabon	49,506	39,312	0.74	24	11	5	7	33	18	33	25	34	27	46	27			290	
Navotas	33,787	31,165	0.50	7	3	10	11	20	24	13	14	15	11	14	15			157	
Valenzuela	84,028	72,205	0.78	77	54	22	17	52	47	54	43	45	37	74	44			566	
Quezon City	397,660	389,024	0.26	144	154	51	32	94	97	79	67	80	49	113	33			993	
Marikina	61,047	35,263	1.58	44	36	17	19	52	50	45	33	45	54	89	72			556	
Pasig	102,296	72,548	0.65	30	29	17	7	51	35	42	35	64	41	68	50			469	
Taguig	109,016	114,260	0.29	23	20	7	14	25	28	29	31	55	30	44	26			332	
Pateros	8,646	5,864	1.98	9	3	3	4	9	7	14	5	15	16	20	11			116	
Makati	78,906	38,080	0.96	20	11	11	7	47	18	38	24	44	21	78	47			366	
Manila	241,099	149,657	0.80	118	123	43	55	111	119	116	107	104	87	125	88			1,196	
Mandaluyong	52,316	44,554	0.23	1	4	1	2	5	7	14	5	18	10	23	13			103	
San Juan	16,548	13,538	0.49	0	1	0	2	5	9	8	5	12	8	8	8			66	
Pasay	56,413	44,843	1.10	39	34	18	11	43	47	58	38	44	41	66	53			492	
Parañaque	90,177	79,390	0.38	44	33	17	5	26	16	38	18	17	25	45	20			304	
Muntinlupa	68,329	51,102	0.48	26	20	10	7	16	24	15	18	31	14	37	28			246	
Las Piñas	79,758	69,753	0.26	11	13	6	9	16	15	27	18	15	19	25	6			180	
TOTAL	1,744,062	1,418,332	0.52	675	600	287	254	698	656	731	579	739	603	975	631	0	0	7,428	

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OPT Plus Form 4B. Report on Regional Coverage of Operation Timbang Plus

Series 2012

Region: NATIONAL CAPITAL REGION

Period of OPT: January to Mar 2017

City/Municipality (1)	Total Number of Barangays (4)	Number of Barangays with OPT Results (5)	Estimated Number of Preschoolers Aged 0-59 months (6)	Actual Number of Preschoolers Measured (Weighed) (7)	Actual Number of Indigenous Preschoolers Measured (8)
Caloocan	188	186	214,530	167,774	0
Malabon	21	21	49,506	39,312	0
Navotas	14	14	33,787	31,082	0
Valenzuela	33	33	84,028	72,205	0
Quezon City	142	137	397,660	389,024	0
Marikina City	16	16	61,047	35,594	0
Pasig City	30	30	102,296	72,548	0
Taguig	28	28	109,016	114,261	0
Pateros	10	10	8,646	5,864	0
Makati City*	33	25	78,906	45,871	0
Manila	897	897	241,099	149,657	0
Mandaluyong	27	27	52,316	44,554	0
San Juan	21	21	16,548	13,538	0
Pasay	201	201	56,413	44,843	0
Parañaque	16	16	90,177	79,390	0
Muntinlupa	9	9	68,329	51,102	0
Las Pinas	20	20	79,758	69,753	0
TOTAL	1,706	1,691	1,744,062	1,426,372	0

* with eight (8) disputed and elite barangays

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Republic of the Philippines
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NATIONAL NUTRITION COUNCIL
National Capital Region

2017 Operation Timbang Plus Results

A. Ranking of LGUs according to Weighing Coverage

City/Municipality	Total Number of Barangays	No. of Barangays with OPT Results	Percent Coverage of Bgys.	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Weighed	Percent Weighing Coverage	Ranking
Caloocan	188	186	98.94%	214,530	167,774	78.21%	11
Malabon	21	21	100.00%	49,506	39,312	79.41%	10
Navotas	14	14	100.00%	33,787	31,082	91.99%	3
Valenzuela	33	33	100.00%	84,028	72,205	85.93%	6
Quezon City	142	137	96.48%	397,660	389,024	97.83%	2
Marikina City	16	16	100.00%	61,047	35,594	58.31%	16
Pasig City	30	30	100.00%	102,296	72,548	70.92%	13
Taguig	28	28	100.00%	109,016	114,261	104.81%	1
Pateros	10	10	100.00%	8,646	5,864	67.82%	14
Makati City	33	25	75.76%	78,906	45,871	58.13%	17
Manila	897	897	100.00%	241,099	149,657	62.07%	15
Mandaluyong	27	27	100.00%	52,316	44,554	85.16%	7
San Juan	21	21	100.00%	16,548	13,538	81.81%	8
Pasay	201	201	100.00%	56,413	44,843	79.49%	9
Parañaque	16	16	100.00%	90,177	79,390	88.04%	4
Muntinlupa	9	9	100.00%	68,329	51,102	74.79%	12
Las Pinas	20	20	100.00%	79,758	69,753	87.46%	5
TOTAL	1,706	1,691	99.12%	1,744,062	1,426,372	81.78%	

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NATIONAL NUTRITION COUNCIL
National Capital Region

2017 Operation Timbang Plus Results

B. Ranking of LGUs according to Percent of Children Measured

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Length/Height-for-Age			Weight-for-Length/Height		
		No. of Children Measured	Percent Coverage	Rank	No. of Children Measured	Percent Coverage	Rank
Caloocan	214,530	167,774	78.21%	11	167,774	78.21%	11
Malabon	49,506	39,312	79.41%	10	39,312	79.41%	10
Navotas	33,787	31,082	91.99%	3	31,165	92.24%	3
Valenzuela	84,028	72,205	85.93%	6	72,205	85.93%	6
Quezon City	397,660	389,024	97.83%	2	389,024	97.83%	2
Marikina City	61,047	35,263	57.76%	16	35,263	57.76%	16
Pasig City	102,296	72,548	70.92%	13	72,548	70.92%	13
Taguig	109,016	114,260	104.81%	1	114,260	104.81%	1
Pateros	8,646	5,864	67.82%	14	5,864	67.82%	14
Makati City	78,906	44,596	56.52%	17	38,080	48.26%	17
Manila	241,099	149,657	62.07%	15	149,657	62.07%	15
Mandaluyong	52,316	44,554	85.16%	7	44,554	85.16%	7
San Juan	16,548	13,538	81.81%	8	13,538	81.81%	8
Pasay	56,413	44,843	79.49%	9	44,843	79.49%	9
Parañaque	90,177	79,390	88.04%	4	79,390	88.04%	4
Muntinlupa	68,329	51,102	74.79%	12	51,102	74.79%	12
Las Pinas	79,758	69,747	87.45%	5	69,753	87.46%	5
TOTAL	1,744,062	1,424,759	81.69%		1,418,332	81.32%	

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National Capital Region

2017 Operation Timbang Plus Results

C. Ranking of LGUs according to Prevalence of Undernutrition (Underweight and Severely Underweight)

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Weighed	Underweight (UW)		Severely Underweight (SUW)		Total No. of Underweight and Severely Underweight PS		Ranking of LGUs
			No.	%	No.	%	No	Prev. Rate (%)	
Caloocan	214,530	167,774	2,955	1.76%	939	0.56%	3,894	2.32%	4
Malabon	49,506	39,312	940	2.39%	305	0.78%	1,245	3.17%	1
Navotas	33,787	31,082	322	1.04%	143	0.46%	465	1.50%	8
Valenzuela	84,028	72,205	736	1.02%	238	0.33%	974	1.35%	9
Quezon City	397,660	389,024	2,074	0.53%	703	0.18%	2,777	0.71%	13
Marikina City	61,047	35,594	296	0.83%	86	0.24%	382	1.07%	12
Pasig City	102,296	72,548	684	0.94%	237	0.33%	921	1.27%	11
Taguig	109,016	114,261	321	0.28%	118	0.10%	439	0.38%	17
Pateros	8,646	5,864	89	1.52%	8	0.14%	97	1.65%	7
Makati City*	78,906	45,871	195	0.43%	46	0.10%	241	0.53%	16
Manila	241,099	149,657	2,888	1.93%	861	0.58%	3,749	2.51%	3
Mandaluyong	52,316	44,554	246	0.55%	35	0.08%	281	0.63%	15
San Juan	16,548	13,538	72	0.53%	15	0.11%	87	0.64%	14
Pasay	56,413	44,843	781	1.74%	242	0.54%	1,023	2.28%	5
Parañaque	90,177	79,390	1,190	1.50%	297	0.37%	1,487	1.87%	6
Muntinlupa	68,329	51,102	503	0.98%	180	0.35%	683	1.34%	10
Las Pinas	79,758	69,753	1,530	2.19%	415	0.59%	1,945	2.79%	2
TOTAL	1,744,062	1,426,372	15,822	1.11%	4,868	0.34%	20,690	1.45%	

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National Capital Region

2017 Operation Timbang Plus Results

D. Ranking of LGUs according to Prevalence of Overweight (Weight-for-Age)

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Weighed	Overweight (OW) (Weight-for-Age)		Ranking of LGUs
			No.	%	
Caloocan	214,530	167,774	1,274	0.76%	7
Malabon	49,506	39,312	348	0.89%	5
Navotas	33,787	31,082	165	0.53%	10
Valenzuela	84,028	72,205	520	0.72%	8
Quezon City	397,660	389,024	1,503	0.39%	12
Marikina City	61,047	35,594	827	2.32%	2
Pasig City	102,296	72,548	563	0.78%	6
Taguig	109,016	114,261	427	0.37%	13
Pateros	8,646	5,864	126	2.15%	3
Makati City*	78,906	45,871	1,268	2.76%	1
Manila	241,099	149,657	1,144	0.76%	7
Mandaluyong	52,316	44,554	112	0.25%	14
San Juan	16,548	13,538	105	0.78%	6
Pasay	56,413	44,843	736	1.64%	4
Parañaque	90,177	79,390	370	0.47%	11
Muntinlupa	68,329	51,102	325	0.64%	9
Las Pinas	79,758	69,753	175	0.25%	14
TOTAL	1,744,062	1,426,372	9,988	0.70%	

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E. Ranking of LGUs according to Prevalence of Overweight (Weight-for-Length/Height)

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Measured for Ht.	Overweight (OW) (Weight-for-Length/Height)		Ranking of LGUs
			No.	%	
Caloocan	214,530	167,774	1,831	1.09%	6
Malabon	49,506	39,312	464	1.18%	5
Navotas	33,787	31,165	239	0.77%	9
Valenzuela	84,028	72,205	850	1.18%	5
Quezon City	397,660	389,024	1,749	0.45%	15
Marikina City	61,047	35,263	704	2.00%	2
Pasig City	102,296	72,548	700	0.96%	8
Taguig	109,016	114,260	536	0.47%	14
Pateros	8,646	5,864	158	2.69%	1
Makati City*	78,906	38,080	646	1.70%	4
Manila	241,099	149,657	1,607	1.07%	7
Mandaluyong	52,316	44,554	138	0.31%	16
San Juan	16,548	13,538	84	0.62%	10
Pasay	56,413	44,843	812	1.81%	3
Parañaque	90,177	79,390	457	0.58%	11
Muntinlupa	68,329	51,102	277	0.54%	13
Las Pinas	79,758	69,753	390	0.56%	12
TOTAL	1,744,062	1,418,332	11,642	0.82%	

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F. Ranking of LGUs according to Prevalence of Obesity (Weight-for-Length/Height)

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Measured for Ht.	Obese (Ob) (Weight-for-Length/Height)		Ranking of LGUs
			No.	%	
Caloocan	214,530	167,774	996	0.59%	9
Malabon	49,506	39,312	290	0.74%	7
Navotas	33,787	31,165	157	0.50%	10
Valenzuela	84,028	72,205	566	0.78%	6
Quezon City	397,660	389,024	993	0.26%	15
Marikina City	61,047	35,263	556	1.58%	2
Pasig City	102,296	72,548	469	0.65%	8
Taguig	109,016	114,260	332	0.29%	14
Pateros	8,646	5,864	116	1.98%	1
Makati City*	78,906	38,080	366	0.96%	4
Manila	241,099	149,657	1,196	0.80%	5
Mandaluyong	52,316	44,554	103	0.23%	16
San Juan	16,548	13,538	66	0.49%	11
Pasay	56,413	44,843	492	1.10%	3
Parañaque	90,177	79,390	304	0.38%	13
Muntinlupa	68,329	51,102	246	0.48%	12
Las Pinas	79,758	69,753	180	0.26%	15
TOTAL	1,744,062	1,418,332	7,428	0.52%	

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G. Ranking of LGUs according to Prevalence of Wasting/Thinness (Wasted and Severely Wasted)

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Measured for Ht.	Wasted (Weight-for-L/H)		Severely Wasted (Weight-for-L/H)		Total No. of Wasted and Severely Wasted		Ranking of LGUs
			No.	%	No.	%	No	Prev. Rate (%)	
Caloocan	214,530	167,774	2,692	1.60%	820	0.49%	3,512	2.09%	5
Malabon	49,506	39,312	532	1.35%	221	0.56%	753	1.92%	6
Navotas	33,787	31,165	278	0.89%	163	0.52%	441	1.42%	8
Valenzuela	84,028	72,205	747	1.03%	239	0.33%	986	1.37%	9
Quezon City	397,660	389,024	1,546	0.40%	1,067	0.27%	2,613	0.67%	16
Marikina City	61,047	35,263	645	1.83%	342	0.97%	987	2.80%	2
Pasig City	102,296	72,548	660	0.91%	207	0.29%	867	1.20%	10
Taguig	109,016	114,260	514	0.45%	288	0.25%	802	0.70%	15
Pateros	8,646	5,864	102	1.74%	28	0.48%	130	2.22%	4
Makati City*	78,906	38,080	185	0.49%	115	0.30%	300	0.79%	13
Manila	241,099	149,657	3,331	2.23%	1,515	1.01%	4,846	3.24%	1
Mandaluyong	52,316	44,554	232	0.52%	79	0.18%	311	0.70%	15
San Juan	16,548	13,538	76	0.56%	48	0.35%	124	0.92%	12
Pasay	56,413	44,843	749	1.67%	344	0.77%	1,093	2.44%	3
Parañaque	90,177	79,390	543	0.68%	228	0.29%	771	0.97%	11
Muntinlupa	68,329	51,102	241	0.47%	131	0.26%	372	0.73%	14
Las Pinas	79,758	69,753	745	1.07%	457	0.66%	1,202	1.72%	7
TOTAL	1,744,062	1,418,332	13,818	0.97%	6,292	0.44%	20,110	1.42%	

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H. Ranking of LGUs according to Prevalence of Stunting and Severely Stunting (Length/Height-for-Age)

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Measured for Ht.	Stunted (L/H-for-Age)		Severely Stunted (L/H-for-Age)		Total No. of Stunted and Severely Stunted		Ranking of LGUs
			No.	%	No.	%	No	Prev. Rate (%)	
Caloocan	214,530	167,774	3,643	2.17%	1,382	0.82%	5,025	3.00%	10
Malabon	49,506	39,312	2,159	5.49%	968	2.46%	3,127	7.95%	1
Navotas	33,787	31,082	449	1.44%	302	0.97%	751	2.42%	13
Valenzuela	84,028	72,205	1,553	2.15%	454	0.63%	2,007	2.78%	12
Quezon City	397,660	389,024	4,050	1.04%	1,111	0.29%	5,161	1.33%	14
Marikina City	61,047	35,263	1,185	3.36%	605	1.72%	1,790	5.08%	3
Pasig City	102,296	72,548	1,740	2.40%	732	1.01%	2,472	3.41%	7
Taguig	109,016	114,260	1,001	0.88%	482	0.42%	1,483	1.30%	15
Pateros	8,646	5,864	184	3.14%	41	0.70%	225	3.84%	6
Makati City*	78,906	44,596	1,061	2.38%	226	0.51%	1,287	2.89%	11
Manila	241,099	149,657	4,914	3.28%	2,097	1.40%	7,011	4.68%	4
Mandaluyong	52,316	44,554	361	0.81%	105	0.24%	466	1.05%	16
San Juan	16,548	13,538	106	0.78%	20	0.15%	126	0.93%	17
Pasay	56,413	44,843	1,269	2.83%	531	1.18%	1,800	4.01%	5
Parañaque	90,177	79,390	1,844	2.32%	577	0.73%	2,421	3.05%	9
Muntinlupa	68,329	51,102	1,137	2.22%	437	0.86%	1,574	3.08%	8
Las Pinas	79,758	69,747	3,357	4.81%	992	1.42%	4,349	6.24%	2
TOTAL	1,744,062	1,424,759	30,013	2.11%	11,062	0.78%	41,075	2.88%	

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